



Knock Knock - Who's there?

A unique session on Self Awareness and Awareness of Others

A key attribute in Leadership, Sales and High Performing Teams is the ability to recognise other's behavioural drivers and understand how to respond in an appropriate manner. Incorporating the DISC system of personality preferences, this communication session will engage your team in a stimulating and very enjoyable learning exercise. Engaging, totally NON THREATENING, and lots of fun.

What actually happens?

Delegates fill in a one-page questionnaire and the results are explained against the background of real life examples from the worlds of elite business and sport. Delegates follow prompts by moving to different parts of the room thus revealing their preferences, biases, strengths and potential limitations. Extremely educational! Practical tips on self awareness and real take away value for each person.



OUTCOMES

- ★ INCREASED SELF-AWARENESS.
- ★ LEARNING HOW TO RESPOND EFFECTIVELY TO DIFFERENT PEOPLE/SITUATIONS.
- ★ LEARN HOW TO COMMUNICATE SO PEOPLE TRULY UNDERSTAND YOUR MESSAGE.
- ★ BE MORE RESPONSIVE TO THE NEEDS OF CLIENTS AND COLLEAGUES.
- ★ ENGAGING, TOTALLY NON THREATENING AND LOTS OF FUN.

