



MISCHIEF MOTIVATION ATTITUDE

# FORTRESS

FORTRESS IS A BUSINESS SIMULATION AND PERSONAL DEVELOPMENT ACTIVITY. MENTAL ACUMEN AND COOPERATION ARE MUCH MORE IMPORTANT THAN PHYSICAL PROWESS. TEAMS MUST WORK TOGETHER IF THEY ARE TO BE SUCCESSFUL. WE PROVIDE THE DILEMMAS, YOU PROVIDE THE SOLUTIONS. THIS 2 TO 3 HOUR EXPERIMENTAL EXERCISE REPLICATES THE WORKING ENVIRONMENT THROUGH STRONG BUSINESS THEMES.

## WHAT ACTUALLY HAPPENS?

The scenario is that your entire group is locked inside a fortress and they must score enough points (working in teams of 8-10) to secure their release. Groups rotate through a series of mental and physical challenges and initiative tests with strict time limits and guidelines. Each group is awarded points on the basis of their solution or 'escape attempt' before they move onto the next challenge.



## OUTCOMES

- ★ CO-OPERATION
- ★ COMMUNICATION
- ★ RESOLVING CONFLICTS
- ★ EFFECTIVE PLANNING
- ★ TIME MANAGEMENT
- ★ CELEBRATING TEAM SUCCESSES

